



SuryaJyoti Life Insurance Company Ltd.

Agent Basic Training Plan | FY 2081-82



S.N.	Training Branch	SJLIC Region	SJLIC Province	Shrawan	Bhadra	Aswin	Kartik	Mangshir	Poush	Magh	Falgun	Chaitra	Baishakh	Jestha	Ashar	Total ABTs
1	Bhojpur	Koshi	Province 1	13-15		6-8		9-11		10-12		7-9		12-14		6
2	Biratchowk	Koshi	Province 1	9-11		9-11		5-7		9-11		6-8		8-10		6
3	Biratnagar-Dharan Road	Koshi	Province 1		16-18		6-8			2-4	11-13		7-9	15-17		6
4	Biratnagar-Golchha Chowk	Koshi	Province 1	11-13	7-9	4-6	9-11	7-9	9-11	4-6	9-11	8-10	5-7	9-11	5-7	12
5	Dhankuta	Koshi	Province 1	13-15		8-10		12-14		16-18		12-14		6-8		6
6	Dharan-Bhotepul	Koshi	Province 1	10-12		10-12		6-8		3-5		7-9		8-10		6
7	Dharan-College Road	Koshi	Province 1		6-8		8-10		4-6		8-10		5-7	2-4	5-7	7
8	Inaruwa	Koshi	Province 1	9-11		9-11		9-11		9-11		10-12		8-10		6
9	Itahari	Koshi	Province 1	9-11		9-11		9-11		9-11		6-8		8-10		6
10	Itahari-BP Chowk	Koshi	Province 1		7-9		7-9		7-9		8-10		10-12		7-9	6
11	Khandbari	Koshi	Province 1	6-8			4-6		3-5		4-6	6-8		8-10		6
12	Terhathum	Koshi	Province 1	10-12			10-12			10-12			10-12			4
13	Bhadrapur	Mechi	Province 1	17-19		8-10		7-9		10-12		7-9		8-10		6
14	Birtamode	Mechi	Province 1		11-13	9-11		13-15		11-13		10-12		9-11	11-13	7
15	Damak	Mechi	Province 1	11-13		3-5		6-8		10-12		8-10		9-11		6
16	Gauradaha	Mechi	Province 1		7-9		8-10	7-9		9-11		7-9		9-11	7-9	7
17	Ilam	Mechi	Province 1	6-8		6-8		3-5			4-6			3-5		5
18	Kakarbhitta	Mechi	Province 1	9-11		9-11		9-11		9-11		9-11		9-11		6
19	Phidim	Mechi	Province 1	10-12		4-6		13-15		10-12		7-9		9-11		6
20	Surunga	Mechi	Province 1	11-13	9-11	4-6		7-9		11-13		8-10		10-12		7
21	Taplejung	Mechi	Province 1	3-5		10-12		6-8		10-12		7-9				5



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22	Barahathawa	Birgunj	Province 2	04-06		04-06		04-06		04-06		04-06		04-06		6
23	Bara-Jeetpur	Birgunj	Province 2	06-08	11-13	09-11	04-06	05-07	03-05	9-11	11-13	5-7	9-11	5-7	2-4	12
24	Birgunj-Ghantaghar	Birgunj	Province 2	7-9	12-14	6-8	4-6	5-7	9-11	11-13	13-15	4-6	8-10	7-9	3-5	12
25	Birgunj-Link Road	Birgunj	Province 2	4-6		4-6		7-9	5-7		8-10		4-6		5-7	7
26	Chapur	Birgunj	Province 2		4-6		4-6		4-6		4-6		4-6		4-6	6
27	Gaur	Birgunj	Province 2	4-6		4-6		4-6		4-6		4-6		4-6		6
28	Harion	Birgunj	Province 2	4-6				4-6		6-8		6-8		7-9	8-10	6
29	Jaleshwor	Birgunj	Province 2		7-9		3-5		5-7		6-8		5-7		4-6	6
30	Kalaiya	Birgunj	Province 2	9-11	12-14		7-9		17-19		11-13		3-5			6
31	Lalbandi	Birgunj	Province 2	6-8		6-8		5-7		2-4		6-8		5-7		6
32	Malangwa	Birgunj	Province 2		7-9	4-6	2-4	7-9	5-7	4-6	2-4					7
33	Nijgadh	Birgunj	Province 2	6-8		5-7		5-7		4-6		4-6		4-6		6
34	Parawanipur	Birgunj	Province 2	8-10	7-9	7-9	8-10	7-9	7-9	7-9	8-10	7-9	7-9	8-10	8-10	12
35	Pokhariya	Birgunj	Province 2	7-9		8-10		4-6		6-8		5-7	9-11		5-7	7
36	Ramgopalpur	Birgunj	Province 2	6-8			4-6			6-8			7-9			4
37	Bardibas	Janakpur	Province 2	4-6	7-9	4-6	8-10	7-9	5-7	10-12	11-13	14-16	3-5	10-12	7-9	12
38	Dhanusadham	Janakpur	Province 2	10-12		9-11		5-7		3-5		13-15		8-10		6
39	Gaighat	Janakpur	Province 2	2-4	5-7	9-11	12-14	3-5	10-12	6-8	10-12	1-3	2-4	15-17	5-7	12
40	Janakpur-Bhanu Chowk	Janakpur	Province 2	10-12	7-9	3-5	8-10	6-8	4-6	3-5	2-4	7-9	4-6	9-11	5-7	12
41	Janakpur-Mills Road	Janakpur	Province 2	11-13	8-10	11-13	9-11	8-10	12-14	11-13	9-11	8-10	12-14	10-12	6-8	12
42	Kanchanrup	Janakpur	Province 2	10-12		10-12		6-8		10-12		7-9		9-11		6



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43	Katari	Janakpur	Province 2	10-12		10-12		6-8		10-12				9-11		5
44	Lahan	Janakpur	Province 2	8-10		6-8		4-6	7-9	8-10				6-8		7-9
45	Mirchaiya	Janakpur	Province 2	8-10		3-5		4-6		5-7				7-9	6-8	2-4
46	Okhaldhunga	Janakpur	Province 2		15-17		10-12		13-15		10-12		9-11		7-9	6
47	Phattepur	Janakpur	Province 2	4-6			3-5			5-7						3
48	Rajbiraj	Janakpur	Province 2		6-8		8-10		4-6		8-10		4-6	8-10		6
49	Sindhuli	Janakpur	Province 2	9-11	12-14		7-9	12-14	16-18	9-11	11-13	13-15	17-19	8-10	11-13	11
50	Siraha	Janakpur	Province 2		5-7		7-9		8-10		10-12		8-10	4-6		6
51	Solukhumbu	Janakpur	Province 2	8-10		6-8		9-11		2-4		7-9		10-12		6
52	Yadukuha	Janakpur	Province 2	9-11		6-8		10-12		9-11		11-13		5-7		6
53	Banepa	Banepa	Province 3	4-6		2-4		6-8		3-5		1-3		5-7		6
54	Charikot	Banepa	Province 3	10-12		3-5		6-8		10-12		7-9		5-7	6	
55	Chautara	Banepa	Province 3	7-9		13-15		9-11		7-9		6-8		5-7	6	
56	Manthali	Banepa	Province 3		4-6		4-6		3-5		4-6		3-5		4-6	6
57	Panauti	Banepa	Province 3	3-5		3-5		6-8		3-5		7-9		2-4		6
58	Panchkhal	Banepa	Province 3	13-15		9-11		5-7		13-15		13-15		9-11		6
59	Suryavinayak	Banepa	Province 3	5-7	6-8		5-7	2-4	4-6	6-8	5-7	4-6	5-7	6-8		10
60	Chabahil	Kathmandu A	Province 3	4-6	2-4	3-5	2-4	1-3	1-3	3-5	2-4	2-4	5-7	4-6	1-3	12
61	Jorpati	Kathmandu A	Province 3	9-11	10-12	11-13	7-9	10-12	8-10	11-13	8-10	12-14	10-12	7-9	9-11	12
62	Pepsicola	Kathmandu A	Province 3	4-6		4-6		4-6		4-6		4-6		3-5		6
63	Thali	Kathmandu A	Province 3	11-13	9-11	11-13	9-11	7-9	9-11	11-13	9-11	8-10	12-14	10-12	13-15	12



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64	Thimi	Kathmandu A	Province 3		12-14			12-14		9-11		13-15		10-12		5
65	Tinkune	Kathmandu A	Province 3	6-8	15-17	2-4	10-12	3-5	11-13	2-4	10-12	6-8	4-6	5-7	15-17	12
66	Anamnagar	Kathmandu B	Province 3	4-6	7-9	4-6	9-11	7-9	5-7	4-6	9-11	8-10	5-7	9-11	9-11	12
67	Gairidhara	Kathmandu B	Province 3	9-11		6-8		12-14		13-15		6-8		8-10		6
68	Gyaneshwor	Kathmandu B	Province 3	19-21	15-17	12-14		8-10	13-15	12-14	7-9	16-18	10-12	12-14		10
69	New Baneshwor	Kathmandu B	Province 3	6-8		6-8		2-4	1-3		4-6		7-9	1-3		7
70	NewRoad	Kathmandu B	Province 3	6-8		10-12		12-14		6-8		13-15		4-6		6
71	Ravi Bhawan	Kathmandu B	Province 3	7-9	5-7		7-9	5-7	7-9	9-11	4-6	6-8	10-12	7-9	4-6	11
72	Sorakhutte	Kathmandu B	Province 3	4-6		6-8		5-7	7-9		11-13		10-12		4-6	7
73	Balaju	Kathmandu C	Province 3	9-11	4-6		5-7		5-7	6-8		3-5		4-6	2-4	8
74	Budhanilkantha	Kathmandu C	Province 3	11-13		8-10		6-8		10-12		7-9		13-15		6
75	Gongabu	Kathmandu C	Province 3	4-6		4-6		7-9		4-6		8-10		3-5		6
76	Jarankhu	Kathmandu C	Province 3	2-4		3-5		2-4		3-5		3-5		2-4		6
77	Maharajgunj	Kathmandu C	Province 3	13-15	12-14	9-11	11-13	12-14	11-13	13-15	11-13	10-12	11-13	9-11	11-13	12
78	Sitapaila	Kathmandu C	Province 3	11-13		8-10		6-8		10-12		7-9		13-15		6
79	Tokha	Kathmandu C	Province 3	13-15		6-8		3-5		6-8		10-12		5-7		6
80	Bhaisepati	Lalitpur	Province 3	6-8				5-7		8-10		10-12	7-9		8-10	6
81	Chapagaun	Lalitpur	Province 3	7-9		6-8		9-11		8-10		12-14		7-9		6
82	Gwarko	Lalitpur	Province 3	9-11		9-11		5-7		9-11		3-5		5-7		6
83	Jawalakhel	Lalitpur	Province 3	10-12		10-12		6-8		10-12		7-9		9-11		6
84	kirtipur	Lalitpur	Province 3	13-15	11-13	6-8	8-10	9-11	8-10	13-15	11-13					8



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85	Lubhu	Lalitpur	Province 3	16-18		9-11		12-14		9-11		6-8		8-10		6
86	Manbhawan	Lalitpur	Province 3	4-6		11-13		9-11		9-11		5-7			4-6	6
87	Satdobato	Lalitpur	Province 3	6-8		10-12		4-6		6-8		5-7		6-8		6
88	Amarapuri	Narayani	Province 3	13-15				11-13			11-13			11-13		4
89	Chitwan-Parsa	Narayani	Province 3	6-8			7-9		7-9		4-6		8-10		8-10	6
90	Hetauda	Narayani	Province 3	14-16	5-7	9-11	11-13	12-14	7-9	9-11	11-13	11-13	10-12	12-14	8-10	12
91	Kawasoti	Narayani	Province 3	4-6		9-11		5-7			8-10		6-8		9-11	6
92	Manahari	Narayani	Province 3	6-8		9-11		6-8		9-11		4-6		7-9		6
93	Narayanghat	Narayani	Province 3	4-6	5-7			4-6	7-9	6-8	8-10	4-6	7-9	5-7		9
94	Tandi	Narayani	Province 3	11-13		10-12		13-15		10-12		8-10		9-11		6
95	Battar	Trishuli	Province 3	11-13	8-10	11-13		7-9	9-11	16-18	14-16	8-10	12-14	10-12		10
96	Daman	Trishuli	Province 3	2-4		3-5		2-4		3-5		3-5		2-4		6
97	Dhading	Trishuli	Province 3	18-20	13-15		8-10		4-6	10-12	8-10		4-6	9-11		8
98	Gajuri	Trishuli	Province 3	4-6		4-6		7-9		4-6		8-10		8-10		6
99	Rasuwa	Trishuli	Province 3	10-12				8-10					10-12			3
100	Baglung	Dhawalagiri	Province 4	11-13	07-09	01-03	08-10	13-15	04-06	10-12	08-10	07-09	11-13	09-11	06-08	12
101	Beni	Dhawalagiri	Province 4	10-12		11-13		7-9		10-12		8-10		9-11		6
102	Burtibang	Dhawalagiri	Province 4	11-13	14-16		12-14		11-13				7-9		6-8	6
103	Hatiya	Dhawalagiri	Province 4	3-5					8-10		11-13		14-16			4
104	Jomsom	Dhawalagiri	Province 4	11-13			4-6		16-18	3-5		10-12				5
105	Kushma	Dhawalagiri	Province 4	3-5		4-6		2-4		4-6		4-6		4-6		6



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106	Besisahar	Gandaki	Province 4	9-11		9-11		9-11		9-11		10-12		12-14		6
107	Bhimad	Gandaki	Province 4	6-8	9-11	4-6		5-7		8-10		7-9	5-7		6-8	8
108	Bhorletar	Gandaki	Province 4	7-9	9-11	11-13		9-11	8-10	10-12		7-9		9-11	4-6	9
109	Bhotewodar	Gandaki	Province 4	15-17		15-17		15-17		15-17		15-17		15-17		6
110	Birauta	Gandaki	Province 4	11-13		3-5		8-10		3-5		8-10		10-12		6
111	Damauli	Gandaki	Province 4		6-8		1-3		11-13	3-5	8-10	14-16		9-11	5-7	8
112	Dumre	Gandaki	Province 4	11-13	14-16		9-11			16-18			12-14	10-12		6
113	Gorkha	Gandaki	Province 4	5-7		3-5		12-14		7-9		2-4		13-15		6
114	Khairenitar	Gandaki	Province 4	11-13		11-13		7-9		11-13		10-12		8-10		6
115	Lekhnath	Gandaki	Province 4	8-10	11-13		5-7	7-9	5-7		8-10	7-9		8-10	5-7	9
116	Pokhara-Nayabazar	Gandaki	Province 4	5-7	7-9	11-13	9-11	7-9	12-14	11-13	9-11	8-10	5-7	10-12	6-8	12
117	Pokhara-Sabhagriha Chowk	Gandaki	Province 4	10-12	8-10	5-7	8-10	6-8	4-6	5-7	8-10	9-11	5-7	10-12	6-8	12
118	Putalibazar	Gandaki	Province 4	8-10		14-16		16-18		8-10		6-8		8-10		6
119	Waling	Gandaki	Province 4	18-20		17-19		14-16		15-17		12-14		17-19		6
120	Arghakhanchi	Lumbini	Province 5	4-6		11-13		8-10		11-13		8-10		3-5		6
121	Bardaghat	Lumbini	Province 5		1-3	4-6		6-8		3-5	3-5	7-9	4-6		1-3	8
122	Bhairahawa	Lumbini	Province 5	11-13	14-16	11-13	8-10	14-16	18-20	10-12	5-7	14-16	12-14	17-19	6-8	12
123	Butwal-Chauraha	Lumbini	Province 5	11-13	7-9	11-13	9-11	7-9	8-10	10-12	6-8	7-9	11-13	9-11	7-9	12
124	Butwal-Palpa Road	Lumbini	Province 5	10-12	6-8	10-12	8-10	6-8		10-12	8-10	7-9	11-13	9-11		10
125	Chandrauta	Lumbini	Province 5	4-6		4-6		7-9		10-12			6-8		4-6	6
126	Gulmi	Lumbini	Province 5	11-13		11-13		7-9		11-13		8-10			6-8	6



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127	Kapilvastu-Jeetpur	Lumbini	Province 5	5-7			5-7			5-7			5-7			4
128	Manigram	Lumbini	Province 5	11-13	8-10		9-11	7-9	12-14		9-11	10-12		11-13	7-9	9
129	Marchbar	Lumbini	Province 5	3-5	6-8	3-5		6-8	4-6	10-12	8-10	9-11	5-7	10-12		10
130	Murgiya	Lumbini	Province 5		7-9		9-11		9-11		9-11		5-7		6-8	6
131	Palpa-Silkhan Tole	Lumbini	Province 5	2-4		6-8		3-5		2-4				1-3		5
132	Palpa-Tansen	Lumbini	Province 5		7-9		9-11		9-11		9-11		10-12		6-8	6
133	Parasi	Lumbini	Province 5	5-7		1-3		6-8		3-5		2-4		4-6		6
134	Rampur	Lumbini	Province 5	10-12		10-12		6-8		16-18		14-16		9-11		6
135	Ridi	Lumbini	Province 5	6-8		9-11		3-5		9-11		4-6		1-3		6
136	Sunwal	Lumbini	Province 5	10-12		4-6		6-8		4-6		7-9		3-5		6
137	Taulihawa	Lumbini	Province 5	5-7		5-7		5-7		5-7		5-7		5-7		6
138	Ghorahi	Rapti	Province 5	4-6		4-6		7-9		4-6		8-10		4-6	6-8	7
139	Lamahi	Rapti	Province 5		6-8		8-10	6-8		3-5	8-10		5-7	6-8		7
140	Pyuthan	Rapti	Province 5	4-6		4-6		7-9		4-6		4-6		6-8	2-4	7
141	Rolpa	Rapti	Province 5	4-6	6-8	3-5	6-8	2-4	7-9	10-12	11-13	6-8	2-4	4-6	3-5	12
142	Rukum	Rapti	Province 5	6-8	6-8	9-11		5-7		2-4		5-7	10-12	8-10		8
143	Rukum Purba	Rapti	Province 5		5-7		7-9		5-7		11-13		11-13		12-14	6
144	Salyan	Rapti	Province 5		6-8		1-3		4-6		8-10		4-6		5-7	6
145	Tulsipur-Amilia Road	Rapti	Province 5		3-5		8-10		14-16		7-9		7-9	5-7		6
146	Tulsipur-Jaycees Chowk	Rapti	Province 5		13-15		8-10		11-13		8-10		11-13		12-14	6



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S.N.	Training Branch	SJLIC Region	SJLIC Province	Shrawan	Bhadra	Aswin	Kartik	Mangshir	Poush	Magh	Falgun	Chaitra	Baishakh	Jestha	Ashar	Total ABTs
147	Gulariya	Bheri	Province 6	4-6		4-6		7-9		4-6		8-10	5-7			6
148	Humla	Bheri	Province 6	11-13			9-11			18-20			12-14			4
149	Kohalpur	Bheri	Province 6	4-6	14-16		12-14		14-16		15-17		9-11		3-5	7
150	Nepalgunj	Bheri	Province 6	11-13	7-9	5-7		7-9	5-7		7-9	9-11	5-7	11-13	7-9	10
151	Rajapur	Bheri	Province 6	10-12	8-10	11-13		7-9		15-17		9-11	12-14	9-11		8
152	Botechaur	Karnali	Province 6	5-7		3-5			6-8		8-10		6-8			5
153	Chhinchu	Karnali	Province 6		15-17		9-11		15-17		15-17			15-17		5
154	Dailekh	Karnali	Province 6		12-14		20-22		16-18		18-20	10-12		15-17		6
155	Jajarkot	Karnali	Province 6	12-14		9-11		11-13		7-9		7-9		3-5		6
156	Jumla	Karnali	Province 6	10-12			8-10			10-12			4-6			4
157	Kalikot	Karnali	Province 6		8-10		9-11	6-8		11-13		7-9		10-12		6
158	Surkhet	Karnali	Province 6	5-7	6-8	3-5	8-10	6-8	8-10	15-17	5-7	7-9	4-6	2-4	5-7	12
159	Baitadi	Seti-Mahakali (Hill)	Province 7		8-10		10-12		9-11		8-10		6-8		10-12	6
160	Bajhang	Seti-Mahakali (Hill)	Province 7	2-4		7-9		5-7		8-10		10-12 [†]		6-8		6
161	Bajura	Seti-Mahakali (Hill)	Province 7	6-8		2-4		4-6		8-10		10-12		5-7		6
162	Dadeldhura	Seti-Mahakali (Hill)	Province 7	5-7		12-14		8-10	6-8		4-6	8-10	10-12		6-8	8
163	Darchula	Seti-Mahakali (Hill)	Province 7	11-13		12-14		14-16		16-18		8-10		9-11		6
164	Doti	Seti-Mahakali (Hill)	Province 7	10-12		8-10		15-17		10-12		14-16		11-13		6
165	Mangalsen	Seti-Mahakali (Hill)	Province 7		4-6		8-10		11-13		8-10		5-7		4-6	6
166	Attariya	Seti-Mahakali (Terai)	Province 7	12-14	8-10	5-7	10-12	6-8	8-10	4-6	8-10	9-11	6-8	11-13	6-8	12



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S.N.	Training Branch	SJLIC Region	SJLIC Province	Shrawan	Bhadra	Aswin	Kartik	Mangshir	Poush	Magh	Falgun	Chaitra	Baishakh	Jestha	Ashar	Total ABTs
167	Bauniya	Seti-Mahakali (Terai)	Province 7	4-6		3-5		7-9		16-18		15-17		5-7		6
168	Dhangadhi	Seti-Mahakali (Terai)	Province 7	10-12	6-8	1-3	1-3	6-8	4-6	3-5	1-3	7-9	4-6	2-4	5-7	12
169	Jhalari	Seti-Mahakali (Terai)	Province 7	10-12			8-10				15-17			9-11		4
170	Jogbuda	Seti-Mahakali (Terai)	Province 7	3-5		6-8		6-8		10-12		3-5		2-4		6
171	Lamki	Seti-Mahakali (Terai)	Province 7	8-10		8-10		9-11	7-9		11-13	4-6		8-10		7
172	Mahendranagar	Seti-Mahakali (Terai)	Province 7	4-6			10-12		5-7		7-9		8-10	5-7		6
173	Punarbans	Seti-Mahakali (Terai)	Province 7	4-6		3-5		1-3		3-5		2-4		3-5		6
174	Sukhad	Seti-Mahakali (Terai)	Province 7	10-12	4-6	5-7	8-10	6-8	11-13	6-8	8-10	5-7	7-9	10-12	5-7	12
175	Tikapur	Seti-Mahakali (Terai)	Province 7	9-11		9-11		5-7	7-9	6-8		10-12	10-12	8-10		8

❑ अभिकर्ता बन्न आवश्यक कागजातहरू

- नेपाली नागरीकताको प्रमाण पत्र
- SLC/SEE वा सो भन्दा माथील्लो तहको लब्धाङ्क तथा चारीत्रीक प्रमाण पत्र
- पासपोर्ट साइजको फोटो
- बैंक खाता नम्बर, मोवाईल नम्बर, E-Mail, प्यानको प्रतिलिपी
- अभिकर्ता पहिचान फारम तथा मञ्जुरीनामा, स्वघोषणा
- अभिकर्ता इजाजतपत्रको लागि निवेदन (अनुसुचि ७ फारम)
- आधारभुत तालिममा सहभागि भए पश्चात प्राप्त प्रमाणपत्र

❑ अभिकर्ता बन्ने प्रकृया/तरिका:

- ✓ तालीम मितिको ७ दिन अगावै निवेदन सहित उल्लेखित कागजातहरू सुर्यज्योतिको शाखा कार्यलयमा पेश गर्ने
- ✓ शाखा मार्फत इजाजतपत्रको लागि बीमा प्राधिकरणमा दर्ता गराउने
- ✓ नेपाल बीमा प्राधिकरणद्वारा संचालित परिक्षा उत्तिर्ण गर्नु पर्ने
- ✓ परिक्षाको लागि रु ५०० र इजाजत पत्रको लागि रु ५०० प्राधिकरणलाई अनलाईन मार्फत बुझाउनु पर्ने ।
- ✓ प्रति तालिम अधिकतम ५० जना ब्यक्तिहरु मात्र सहभागी हुन पाउने ।